

NOVEMBER | 2024

Grab and Go Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Buffalo Chicken and Cheddar Wrap (2 oz. WG , 2 oz. M/MA) 1 Cup Coleslaw Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	29 Buffalo Chicken and Cheddar Wrap (2 oz. WG , 2 oz. M/MA) 1 ¼ Cup Baby Carrots Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	30 Buffalo Chicken and Cheddar Wrap (2 oz. WG , 2 oz. M/MA) 1 Cup Broccoli Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	31 Buffalo Chicken and Cheddar Wrap (2 oz. WG , 2 oz. M/MA) 1 Cup Cowboy Corn Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	1 Chicken Caesar Wrap (2 oz. WG , 2 oz. M/MA) 1 Cup Asian Edamame Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk
4 Chef Salad (2 oz. M/MA) 2 oz. WG Cheese Crackers 1 Cup Asian Edamame Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	5 Chef Salad (2 oz. M/MA) 2 oz. WG Cheese Crackers 1 Cup Coleslaw Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	6 Chef Salad (2 oz. M/MA) 2 oz. WG Cheese Crackers 1 ¼ Cup Baby Carrots Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	7 Chef Salad (2 oz. M/MA) 2 oz. WG Cheese Crackers 1 Cup Broccoli Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	8 Chicken Caesar Wrap (2 oz. WG , 2 oz. M/MA) 1 Cup Cowboy Corn Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk
11 Roasted Turkey and Provolone Sub (2 oz. WG , 2 oz. M/MA) 1 Cup Cowboy Corn Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	12 Roasted Turkey and Provolone Sub (2 oz. WG , 2 oz. M/MA) 1 Cup Asian Edamame Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	13 Roasted Turkey and Provolone Sub (2 oz. WG , 2 oz. M/MA) 1 Cup Coleslaw Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	14 Roasted Turkey and Provolone Sub (2 oz. WG , 2 oz. M/MA) 1 ¼ Cup Baby Carrots Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	15 Chicken Caesar Wrap (2 oz. WG , 2 oz. M/MA) 1 Cup Broccoli Salad Choice of 4 oz. Fruit Cup and/or Juice
18 Sliced Chicken and Turkey Bacon Sandwich (2 oz. WG , 2 oz. M/MA) 1 ¼ Cup Baby Carrots Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	19 Sliced Chicken and Turkey Bacon Sandwich (2 oz. WG , 2 oz. M/MA) 1 Cup Broccoli Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	20 Sliced Chicken and Turkey Bacon Sandwich (2 oz. WG , 2 oz. M/MA) 1 Cup Cowboy Corn Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	21 Sliced Chicken and Turkey Bacon Sandwich (2 oz. WG , 2 oz. M/MA) 1 Cup Asian Edamame Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	22 Chicken Caesar Wrap (2 oz. WG , 2 oz. M/MA) 1 Cup Coleslaw Choice of Fruit Cup and/or Juice 8 oz. Milk
25 Buffalo Chicken and Cheddar Wrap (2 oz. WG , 2 oz. M/MA) 1 Cup Coleslaw Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	26 Buffalo Chicken and Cheddar Wrap (2 oz. WG , 2 oz. M/MA) 1 ¼ Cup Baby Carrots Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	27 Buffalo Chicken and Cheddar Wrap (2 oz. WG , 2 oz. M/MA) 1 Cup Broccoli Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	28 Buffalo Chicken and Cheddar Wrap (2 oz. WG , 2 oz. M/MA) 1 Cup Cowboy Corn Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	29 Chicken Caesar Wrap (2 oz. WG , 2 oz. M/MA) 1 Cup Asian Edamame Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk

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"1% white milk Fat Free chocolate milk offered. Nutrient content and ingredients are available upon request. No pork or nut products offered."